

PRIMARY SUMMARY ALLERGY MATRIX April - November 2021	14 allergens listed under FSA:
SPRING SUMMER 2021	Milk, Egg, Peanut, Tree Nuts, Cereals, Sesame Seeds,
MENU ITEM/PRODUCT	Fish, Celery, Mustard, Soy/Soya, Lupin, Crustaceans,
	Molluscs, Sulphur Dioxide/Sulphites
WEEK 1	
Monday	
Tomato & Basil Pasta Bake	Celery, Eggs, Gluten, Milk
Jacket Potato	See Added Section
Garlic Bread	Gluten, Milk, Soybeans
Sweetcorn	None
Filled Sandwich/Roll/Wrap	See Added Section
Fresh Fruit Salad	None
Tuesday	
Home-made Swirly Topped Cottage Pie	Celery, Gluten, Milk, Soybeans, SD
Veggie Fingers	Gluten
Filled Sandwich/Roll/Wrap	See Added Section
Peas	None
Carrots	None
Oat Cookie	Egg, Milk, Gluten
Wednesday	
Roast Chicken with Gravy	None
Cheese Flan	Eggs, Milk, Soya, Gluten
Filled Sandwich/Roll/Wrap	See Added Section
Yorkshire Pudding	Eggs, Milk, Gluten
Roast Potatoes	None
Mixed Vegetables	None
Fruit Jelly	None
Thursday	
Beef Burger in a Bun	Gluten, Sesame seeds
Mac'n'Cheese	Celery, Eggs, Gluten, Milk
Filled Sandwich/Roll/Wrap	See Added Section
Oven Baked Wedges	None
Mixed Salad	None
Pineapple Cake with Custard	Gluten, Eggs, Milk
Friday	
Battered Fish	Milk, Gluten, Fish, Mustard
Home-made Pizza	Milk, Gluten, Eggs, Soya
Chips	None
Peas	None
Sweetcorn	None
Raspberry Ripple Ice Cream	Milk
Organic Lolly	None

WEEK 2	
Monday	
Vegetable Enchiladas	Milk, Gluten
Jacket Potato	See Added Section
Baked Beans	None (Legume)
Sweetcorn	None
Filled Sandwich/Roll/Wrap	See Added Section
Mini Reduced Sugar Donut	Eggs, Milk, Soybeans
Yoghurt Dip	Milk
Tuesday	
Home-made Chicken Curry	Celery, Gluten, SD/Sulphates, Mustard
Sausage Roll	Gluten (Potato Starch)
Filled Sandwich/Roll/Wrap	See Added Section
50:50 Rice	None
Naan Bread	Gluten, Milk
Fruit Jelly	None
Wednesday	
Roast Beef with Gravy	None (Pea Protein)
Roasted Quorn strips with Gravy	Egg
Filled Sandwich/Roll/Wrap	See Added Section
Yorkshire Pudding	Eggs, Milk, Gluten
Roast Potatoes	None
Mixed Vegetables	None
Home-made Shortbread	Gluten, Egg, Milk, Soybeans
Thursday	
Pork Meatballs Marinara	Sulphur Dioxide, Sulphites
Marinara Pasta Bake	Celery, Eggs, Gluten, Milk
Filled Sandwich/Roll/Wrap	See Added Section
Pasta Spirals	Gluten
Garlic Bread	Gluten, Milk, Soybeans
Fresh Fruit Salad	None
Friday	
Battered Fish	Milk, Gluten, Fish, Mustard
Home-made Pizza	Milk, Gluten, Eggs, Soya
Chips	None
Peas	None
Sweetcorn	None
Raspberry Ripple Ice Cream	Milk
Organic Lolly	None

WEEK 3	
Monday	
Home-made Quorn Curry	Eggs, Gluten, Celery, Milk, Mustard, SD
Jacket Potato	See Added Section
50:50 Rice	None
Naan Bread	Gluten, Milk
Filled Sandwich/Roll/Wrap	See Added Section
Frozen Strawberry Yoghurt	Milk
Tuesday	
Pork Sausage with Gravy	Gluten/Sulphur Dioxide/Sulphites
Margherita Panini	Gluten, Milk, Sesame Seeds
Filled Sandwich/Roll/Wrap	See Added Section
Mashed Potato	Milk
Carrots	None
Chocolate Surprise Cake	Eggs, Gluten, Milk
Wednesday	
Roast of the Day with Gravy	None
Sweet Potato & Salmon Fishcake	Fish, Gluten, SD/Sulphites
Filled Sandwich/Roll/Wrap	See Added Section
Yorkshire Pudding	Eggs, Milk, Gluten
Roast Potatoes	None
Mixed Vegetables	None
Fresh Fruit Salad with yoghurt	Milk
Thursday	
Home-made Lasagne	Celery, Eggs, Milk, Gluten, Soybeans
Vegan Quorn Nuggets	Gluten (Pea Protein; Potato Starch)
Filled Sandwich/Roll/Wrap	See Added Section
Herby Diced Potatoes	Gluten
Baked Beans	None (Legume)
Cooks Choice Fruit Muffin	Egg, Gluten, Milk, Soybeans
Friday	
Battered Fish	Milk, Gluten, Fish, Mustard
Home-made Pizza	Milk, Gluten, Eggs, Soya
Chips	None
Peas	None
Sweetcorn	None
Raspberry Ripple Ice Cream	Milk
Organic Lolly	None

Bread Items	
Bread Mix (white 649228)	Milk, Gluten, Soya Derivatives (Egg in Factory)
Bread Mix (brown 64935X)	Gluten (Milk, Egg, Soya Derivatives in Factory)
Bread Thick White (fresh pastures)	Gluten/Soya
Bread Med White (fresh pastures)	Gluten/Soya
Bread Wholemeal (fresh pastures)	Gluten/Soya
Soft Deli Roll (64194)	Sesame Seeds, Gluten, SD/Sulphites
6 Tortilla 10 x 15 (4423)	Gluten
10 Tortilla 5 x 10 (4401)	Gluten
Garlic Bread 6478	Gluten, Milk, Soybeans
Warm Wrap (4401, 4423)	Gluten
Sub Roll (64194)	Gluten, Sesame Seeds, SD/Sulphites

Sandwich Fillings / Jacket Toppings	
Cheese Grated Fresh Pastures (A100H)	Milk
Tuna	Fish
Tuna with Salad Cream or Mayonnaise	Fish, Egg
Coleslaw (Chalkes)	Egg, Milk, Mustard
Ham	Sulphur Dioxide
Salmon	Fish
Sliced Pork	Sulphur Dioxide
Sliced Ham	Sulphur Dioxide
Sliced Beef	Sulphur Dioxide
Baked Beans	None (Legume)

SALAD & FRUIT BAR	
Cous Cous (white 640239)	Gluten
Cous Cous (mediterranean 640255)	Gluten
50/50 Tilda Rice (none 885927)	None
Pasta Twists	Gluten
Raisins	Sulphur Dioxide/Sulphites
Yoghurt (daily)	Milk

DRINKS	
Semi skimmed milk	Milk
Freshers Orange or Apple & Blackcurrant (none)	None
Aquajoice (none)	None
Milkbreak	Milk
Viva Milk	Milk

Additional Products	
Honey (646024)	None
Turkey Dinosaur (Theme Days Only 4707)	Milk, Gluten
Dr.Oetker Natural Red Food Colouring (theme days)	Gluten
Bechamel Sauce (648574 Some cooks are not using this Product)	Egg, Gluten, Celery, Mustard, Soyabeans/Soya
Knorr Chicken Bouillon Paste (658637)	Celery
Vegetable Bouillon (606634)	Celery
Chefs Pass Beef Bouillon (606626)	None
Coconut Milk (659398)	Sulphites
El Paso Mini Tortillas (658901) 4 x 12 145g	Gluten
Old El Paso 8 Stand N Stuff Tortillas Soft Flour 193g (658898)	Gluten
Hopwells Free From 10" Tortillas (6445) 1 x 6 Gluten, Dairy, Free)	None
Sage & Onion Stuffing Mix (655015)	Gluten
Cambells Condensed Tomato Soup (657301)	Celery, Soy, Gluten, Milk
Magetts Apple Filling (654361)	None
Tropical Fruit Salad in Juice Snack Pot (633747)	None
Mango (633739)	None
Apple & Blackcurrant Jelly Squeeze (632570)	None
Stawberry Jam Portions (655759)	None
Chop Chips (65342X)	Milk, soya
Sweet Potto Waffle	SD/Sulphites
Sweet Mini Potato Waffles	SD/Sulphites

Allergy Menu Items	
Quorn Sausage (410095)	Gluten/Wheat
Vegan Strips (410075)	Gluten/Wheat, Soybeans, Mustard, Sulphur/SD
DF GF Lovemore Shortbread (616281)	Egg
DF GF Lovemore Choc Chip Cookie (616265)	Soya, Egg
DF GF Bubble Coated Fish Fillet (310074)	Fish
DF GF Fish Finger (330023)	Fish
Gluten & Dairy Free Pork Sausage 12's(430016)	Soya, Sulphites, Sulphur Dioxide
GF DF EF SF Turkey Burger 50g (470092)	None
DF Mini Waffles (150027)	None
Quorn Nuggets (410097)	Gluten
All Exept HALAL Kerrymaid (632358)	None
DF GF EF SF Spaghetti (60061X)	None
Dairy Free Breakfast Sausage 57g (4343)	Gluten, Soyabeans, SD/Sulphites
Hash Browns (1556 & 1565)	None
Gluten & Dairy Free Middletons Self Raising Flour 1kg (600571)	None
Gluten & Dairy Free Bisto Gravy (639931)	None
Gluten & Dairy Free Chicken Bouillion Paste 2 x 1kg (658367)	Celery
Gluten Free Middletons Pizza & Bread Mix 3kg (640867)	None
Gluten Free Middletons Plain Flour 1kg (600563)	None
Gluten Free Cake & Sponge Mix 1kg (647330)	Egg
Gluten Free Middletons Plain Muffin Mix (640506)	None
Gluten Free Middletons Choc Fudge Brownie (640522)	Milk
Gluten Free Middletons Choc Muffin Mix (640549)	Milk
Gluten Free Middletons Plain Cookie Mix (640557)	Milk
Gluten Free Middletons Choc Cookie Mix (640565)	None
Gluten Free Fishcake 60g (3575)	Fish, SD/Sulphites
Gluten Free Salmon Fishfingers 30g (410036)	Fish, SD/Sulphites
Gluten Free Chicken Grill 60g (8902)	Milk
Gluten Free Pizza Base 12" (6338)	None
Gluten Free White Sliced Bread 560g (WB349) Warburton (pea Protein)	Egg
Gluten Free Brown Sliced Bread 560g (WB350) Warburton(pea Protein)	Egg