

Dear Parents and Carers,

22 .1.26

As a part of your child's education at St Theresa's Catholic Primary School we promote personal wellbeing and development through PSHE and RSHE lessons. This subject area gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We use the Jigsaw Resources for the PSHE topics. We use the Journey in Love Resources for Relationships and Sex Education lessons.

We will be reviewing the RSHE curriculum and policy so we can be sure our provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities

PSHE is taught throughout the school in every year group and is monitored and reviewed regularly. All teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

RSHE is taught in the summer term.

As a school community, we are committed to working in partnership with parents and all stakeholders within it and as such we need your feedback to help us do this.

We would like to invite you:

- To take the opportunity to view our policy and curriculum intentions
- **Complete a questionnaire in order for your feedback to be captured – Please ask your child's class teacher if you would like a paper-based questionnaire.**

**This information about RSHE can be accessed on our school website. The documents are under the tab 'Parents' and the title is 'RSHE information 2025'.**

Yours sincerely,

*Mrs Caudwell and Mrs Smith*